

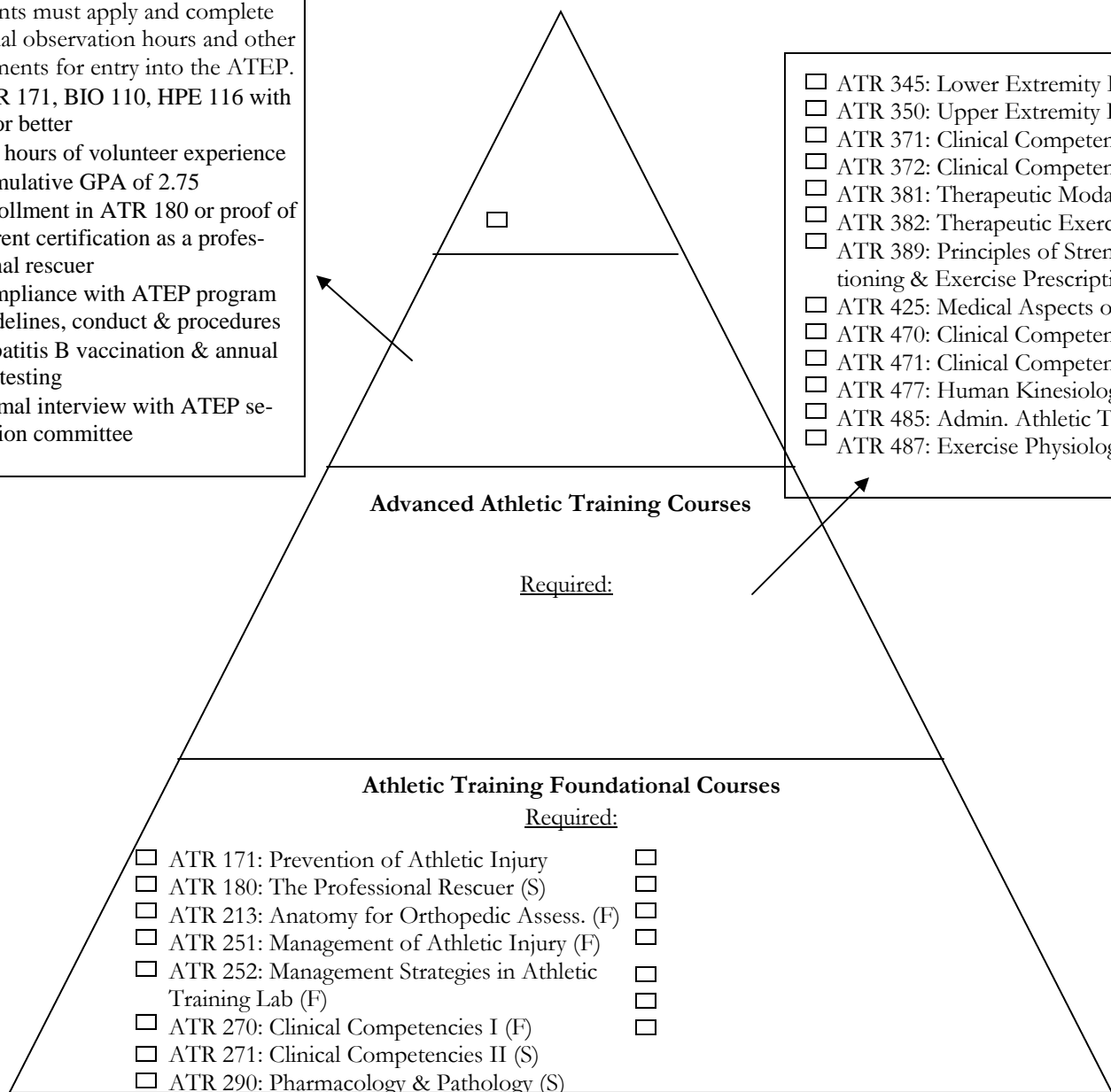
# Athletic Training at Heidelberg College

(45 semester hours)

Students must apply and complete additional observation hours and other requirements for entry into the ATEP.

- ATR 171, BIO 110, HPE 116 with B- or better
- 100 hours of volunteer experience
- Cumulative GPA of 2.75
- Enrollment in ATR 180 or proof of current certification as a professional rescuer
- Compliance with ATEP program guidelines, conduct & procedures
- Hepatitis B vaccination & annual TB testing
- Formal interview with ATEP selection committee

- ATR 345: Lower Extremity Eval. (S)
- ATR 350: Upper Extremity Eval. (F)
- ATR 371: Clinical Competencies III (F)
- ATR 372: Clinical Competencies IV (S)
- ATR 381: Therapeutic Modalities (F)
- ATR 382: Therapeutic Exercise (S)
- ATR 389: Principles of Strength Conditioning & Exercise Prescription (S)
- ATR 425: Medical Aspects of Sport (F)
- ATR 470: Clinical Competencies V (F)
- ATR 471: Clinical Competencies VI (S)
- ATR 477: Human Kinesiology (F)
- ATR 485: Admin. Athletic Training (S)
- ATR 487: Exercise Physiology (S)



Legend:

- (F) = Course offered only in Fall  
 (S) = Course offered only in Spring

## Sample Curriculum—Athletic Training\*\*

### First Year

#### Fall Semester

FYE 100 First Year Experience Seminar	3
PSY 101 General Psychology	3
HPE 116 Health and Wellness	3*
ATR 171 Preventing Athletic Injury & Illness	3*
General Education or Electives	3
Total 15 hrs.	

#### Spring Semester

ENG 101 English Composition	3
ATR 180 The Professional Rescuer	2
BIO 110 Contemporary Biological Problems	3*
COM 100 Oral Communication	3
MTH 115 Quantitative Reasoning	3
General Education or Electives	1
Total 15 hrs.	

### Second Year

#### Fall Semester

ATR 213 Anatomy for Orthopedic Assessment	2
ATR 251 Management of Athletic Injury & Illness (jwo)	2
ATR 252 Management Strategies in Athletic Training Lab	1
ATR 270 Clinical Competencies I	1
MTH 210 Elementary Statistics	3
General Education or Electives	6
Total 15 hrs.	

#### Spring Semester

ATR 271 Clinical Competencies II	1
ATR 290 Pharmacology & Pathology in Athletic Training	2
ATR 345 Lower Extremity Evaluation	3
HPE 306 Nutrition	3
General Education or Electives	6
Total 15 hrs.	

### Third Year

#### Fall Semester

ATR 371 Clinical Competencies III	1
ATR 381 Therapeutic Modalities	3
BIO 363 Human Anatomy & Physiology I	4
ATR 350 Upper Extremity Evaluation	3
General Education or Electives	4
Total 15 hrs.	

#### Spring Semester

ATR 372 Clinical Competencies IV	1
ATR 382 Therapeutic Exercise	3
BIO 364 Human Anatomy & Physiology II	4
ATR 389 Principles of Strength, Conditioning & Exercise Prescription	2
COR 300 Exploring the Liberal Arts	3
General Education or Electives	2
Total 15 hrs.	

### Fourth Year

#### Fall Semester

ATR 425 Medical Aspects of Sports	2
ATR 470 Clinical Competencies V	1
ATR 477 Human Anatomy & Kinesiology	3
ATR 490 Senior Seminar	2
General Education or Electives	7
Total 15 hrs.	

#### Spring Semester

ATR 471 Clinical Competencies VI	1
ATR 487 Exercise Physiology	3
ATR 485 Organization & Administration of Athletic Training	2
General Education or Electives	9
Total 15 hrs.	

ATR 171, HPE 116 and BIO 110 are required to enter the athletic training education program.

BIO 110L lab is optional. BIO 363 & 364 labs are required.

Recommended electives: COM 100, PSY 210, and PSY 321

\*\*Subject to change. Please consult department for current information. For more detailed program requirements see the college catalog.

#### For more information about Athletic Training, contact:

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